

29th Year!



FIRST CITY BASEBALL PROSPECT CAMP

St. Augustine, Florida



DECEMBER 27 - 29, 2022

- **ENROLLMENT:** Limited to first 60 who register. It is open to High School aged players who graduate in 2023, 2024, 2025, & 2026. *Unsigned*
- **LOCATION:** St. Augustine, Florida is the Oldest City in the United States. Our town is a tourist destination which offers pristine beaches, Historic culture, music and entertainment, as well as some of the best restaurants in Northeast Florida.
- **CAMP PHILOSOPHY:** Our baseball camp is dedicated to exposing high school baseball players to the “college experience”. This includes not only the best possible instruction, but the mindset it takes to succeed at the college level. This is not a showcase as we focus on teaching and player development.

• **CAMP DIRECTOR:** *Dave Barnett*



Coach Barnett just completed his 35th season as head baseball coach of the Flagler College Saints. He has over 950 career wins and 42 of his former players signed contracts with major league organizations. Coach Barnett played in the 1978 College World Series with the University of North Carolina Tarheels. He signed professionally with the Montreal Expos organization. Following his baseball career, he joined the world famous “King and His Court” 4-man fast pitch softball team featuring the legendary

Eddie Feigner. Coach Barnett has developed players at all levels-including managing the Montreal Expos Class A team in the New York-Penn League in the summers of 2002-2003. Barnett received his B.A. degree from Flagler College and his M.A. degree from the University of Iowa. He and his staff are dedicated in teaching the fundamentals of the game.

- **INSTRUCTIONAL PROGRAM:** Players will be divided into teams of 15 players each. Each team will have two coaches, which will result in a small coach/player ratio. Players will remain in these groups for instruction in hitting, baserunning, bunting, throwing fundamentals, and fly ball/ ground ball work, along with controlled scrimmage games. Players will also be instructed in their individual positions of Pitching, Catching, Middle Infielders, 1st and 3rd Baseman, and Outfielders.

Why Flagler?

- Nationally ranked N.C.A.A Division II Program located in St. Augustine, Florida.
- 18 Players on current roster attended one or more of our camps.
- This is our main recruiting tool for prospective Prospects.
- U.S News and World Report ranks Flagler College #4 Best Regional College in the South and #7 for best value and #2 for most innovative schools.
- Our Campus has been recognized as one of the most beautiful in the United States and our Baseball facility is one of the best in Division II baseball.

TESTIMONIALS



“The baseball camps at Flagler College are ‘first class.’ The staff is knowledgeable and personable. Any player who is interested in improving his baseball skills should attend.”

- Dave Trembley, former Manager of the Baltimore Orioles.



“As a middle school and high school baseball player, I attended all of Coach Barnett’s baseball camps and they provided me with the baseball instruction I needed to grow as a ball player. Coach Barnett’s knowledge of the game is unparalleled in northern Florida. I strongly encourage parents and coaches alike to involve your kids.”

Chris Barnwell, former Major Leaguer, Milwaukee Brewers; played in the Florida Marlins and Pittsburgh Pirates Organizations; four-year player at Flagler College.



“Coach Barnett helped develop my son, Wade, into a pro prospect. He had an outstanding career at Flagler College and I would highly recommend their program to anyone. They truly develop outstanding players.”

- Gene Lamont, former Major League Manager, Pittsburgh Pirates and Chicago

White Sox;



Dylan Jones graduated from Flagler and signed with the Schaumburg Boomers of the Frontier League. He led NCAA D II in doubles in 2017 and broke the school record for doubles in a single season. “I came to the winter prospect camp from Pennsylvania to visit Flagler and get out of the cold for a few days. I fell in love with Flagler College and its baseball facilities. The staff invited me to walk-on the next year and the rest is history.”



Andrew “Opie” Brodbeck, Ninth round draft pick by the St. Louis Cardinals in 2015 “This camp gives you the opportunity to not only showcase your skills in front of Flagler coaches, but also learn from some of the best past and present Flagler players. When I attended this camp, I didn’t feel like I was just another number. The coaches do their homework and spend time teaching and talking to every player attending the camp. Coach Barnett and the coaching staff actually care, that’s what I enjoyed the most. It gave me a chance to showcase my skills, and play in a game setting a JI while learning how a college practice is run. This camp had a huge impact on my decision to become a Flagler Saint!”

FIRST CITY BASEBALL PROSPECT CAMP SCHEDULE

Tuesday December 27th, 2022

6:00pm-6:30pm All Parent and Player Orientation at Drysdale Field
 6:30pm-7:30pm Stretching-60 yard dash-position players evaluation-Pro Style Workout
 7:30pm-8:30pm Live hitting on field

Wednesday December 28th, 2022

Morning

9:00am Report to Drysdale Field
 9:00am-9:30am Stretch and Warm-up
 9:30am-11:00am Throwing/Bunting/Glove Work/Base Running Stations
 11:00am-12 noon Individual Positions
 12 noon-12:45pm LUNCH—At Field

	Team 1-Royal	Team 2-Red	Team 3-Navy	Team 4-Orange
1:00pm-1:45pm	Game	Game	Hitting	Team Drills
1:45pm-2:30pm	Game	Game	Team Drills	Hitting
2:30pm-3:15pm	Hitting	Team Drills	Game	Game
3:15pm-4:00pm	Team Drills	Hitting	Game	Game
4:00pm	Parent Pick-up from Field			

Evening

7:00-8:00pm Teams 1 & 2: Conditioning and Strength Training for Baseball Players
 (on Flagler Campus) Teams 3 & 4: Seminar-Preparing for College baseball-expectations,
 Recruiting, college life, academic preparation, and physical requirements
(Parents are invited to these sessions and sessions will be rotated after 30 minutes)

Thursday December 29th, 2022

Morning

8:30am-9:30am Tour of Flagler College—Park behind Gymnasium
 9:30am Travel to Drysdale Field
 9:45am-10:00am Stretch and Warm-up
 10:00am-11:15am Throwing/Bunting/Glove work/ Base running Stations
 11:15am-12:00noon Individual Positions
 12:00noon-12:45pm LUNCH—At Field

	Team 1-Royal	Team 2-Red	Team 3-Navy	Team 4-Orange
1:00pm-1:45pm	Game	Team Drills	Game	Hitting
1:45pm-2:30pm	Game	Hitting	Game	Team Drills
2:30pm-3:15pm	Team Drills	Game	Hitting	Game
3:15pm-4:00pm	Hitting	Game	Team Drills	Game
4:00pm	Parent Pick-up from Field-Conclusion of Camp			

COST: \$475.00

PLEASE MAKE CHECK PAYABLE TO: FIRST CITY BASEBALL
 320 Old Plantation Dr., St. Augustine, Florida 32086

OR REGISTER ON-LINE AT: teambarnettbaseball.com

REGISTRATION FORM

NAME: _____
 E-MAIL: _____
 GRADUATING YEAR: _____
 PHONE: () _____
 H.S. ATTENDING: _____
 COACH NAME: _____
 PRIMARY POSITION: _____
 SECONDARY POSITION: _____

IMPORTANT MEDICAL INFORMATION

All participants must cover themselves for any injury or sickness incurred while in attendance.

Please complete the following:

Insurance Name: _____
 Policy Number: _____

I, hereby, authorize the First City Baseball staff to act for me according to their best judgement in any medical emergency and I waive and release said persons from any and all liability or illness incurred.

Signature: _____
 Relationship/Date: _____

NO REFUNDS!